# Gretna Green Gators Wrestling Club 2019/2020

Dear Athletes and Parents;

Welcome to the Gretna Green Gators Wrestling Club. We are a non-profit organization and our mission is "to promote the sport of wrestling and develop friendships, leadership and self-esteem among our athletes".

## **Practices:**

Practices are held on Tuesday, Wednesday and Thursday after school 230-430. There will be changes to schedule on the weeks that a tournament is taking place, to be announced.

### **Tournaments:**

Each athlete will have the opportunity to attend a <u>minimum</u> of 3 tournaments; however, attendance and work ethic at practice will be taken into consideration when selecting athletes for each event. Also, some tournaments have age restrictions and/or are geared to certain developmental levels. There will be additional costs associated with some of the tournaments. Parents are welcome to join us at all tournaments and parent drivers are greatly appreciated!

## Wrestling boots:

All athletes are encouraged to purchase a pair of wrestling boots. Wrestling boots ensure safety to our athletes as well as help to keep our mats clean and protected.

New boots range from \$40 to \$150 and can be ordered through local stores/online sites please talk to Coach Seeley before ordering.

### Cost:

There is a cost in running a program like this \$ 40 for the year membership fee. This covers provincial registration for the athletes, coaches and club. Also covers the cost of insurance for all participants.

## **Ouestions:**

If at anytime you have any questions about this program, please contact Scott or Amanda.

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